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Sabbath
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We have spent six weeks thinking, praying, and learning about Sabbath as individual disciples
and as a community. Thank you for joining us in this!
Because we want to learn how to help our community grow in the practice of Sabbath, please
have one member of your group serve as the scribe for the group. Write down the answers to
today’s questions and drop off this sheet at Campus Ministries (Commons Annex 150 if you
want to put it in ICM), or email them to campusministries@calvin.edu.
What is the best thing you have done (as individuals or as a group) to welcome Sabbath in
each area?
Ceasing…

Resting…Restiy螓㙕瀀Fሆቹ⺿䄯ခ爂䑶荜十ຮ叮ぉ…
campusministries@calvin.edu

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Closing Prayer:
Lord of Creation,
create in us a new rhythm of life
composed of hours that sustain rather than stress,
of days that deliver rather than destroy,
of time that trickles rather than tackles.

Lord of Liberation
By the rhythm of your truth, set us free
from the bondage and baggage that break us,
from the Pharaohs and fellows who fail us,
from the plans and pursuits that prey upon us.

Lord of Resurrection,
May we be raised into the rhythm of your new life,
dead to deceitful calendars,
dead to fleeting friend requests,
dead to the empty peace of our accomplishments.

To our packed-full planners, we bid, "Peace!"
To our over-caffeinated consciences, we say, "Cease!"
To our suffocating selves, Lord grant release.

Drowning in a sea of deadlines and death chimes, we rest in you our lifeline
By your ever-restful grace,
allow us to enter your Sabbath rest
as your Sabbath rest enters into us.
In the name of our Creator, our Liberator our Resurrection and life we pray. Amen

From Common Prayer: A Liturgy for Ordinary Radicals by Shane Claiborne and Jonathan Wilson-Hartgrove